



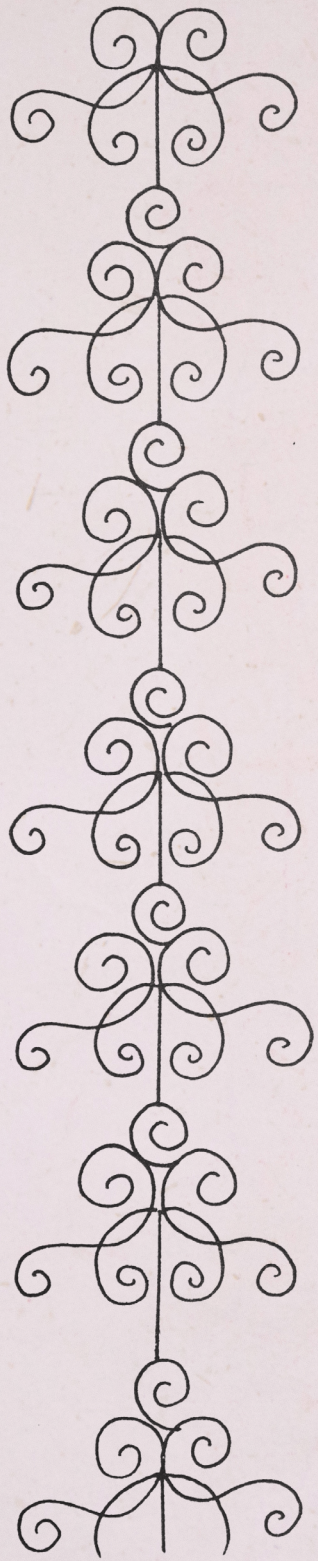
**A project with Art Asia
commissioned by Southampton City
Council as part of Mayflower 400**

SPIRIT OF

art asia



1620—2020
Mayflower
400™



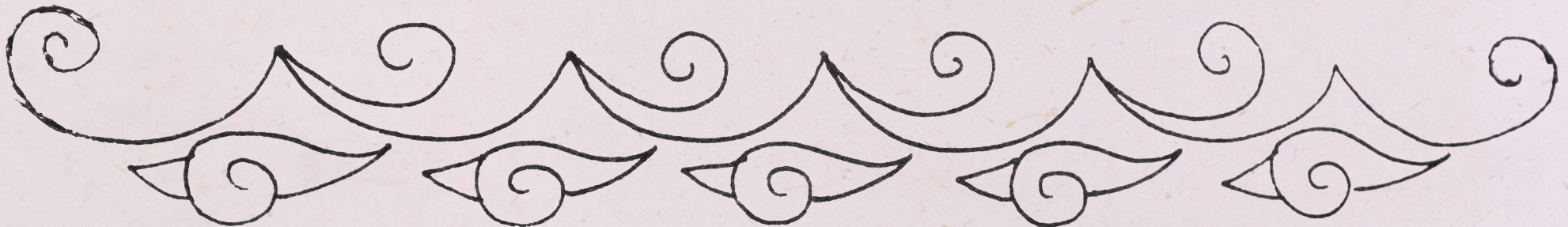
With Cath Bristow

Belonging – being part of something bigger

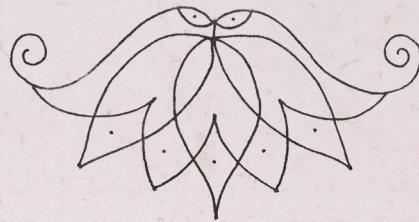
We would like to invite you to make a paper boat that will become part of a multi-disciplinary art installation.

The aim of this workshop is to:

- ✿ Show you how to make a paper boat that represents yourself, a person close to you or somebody you admire.
- ✿ Share stories and thoughts through the making of the paper boat.
- ✿ Bring Individual boats together for the belonging Installation.



Before you begin...

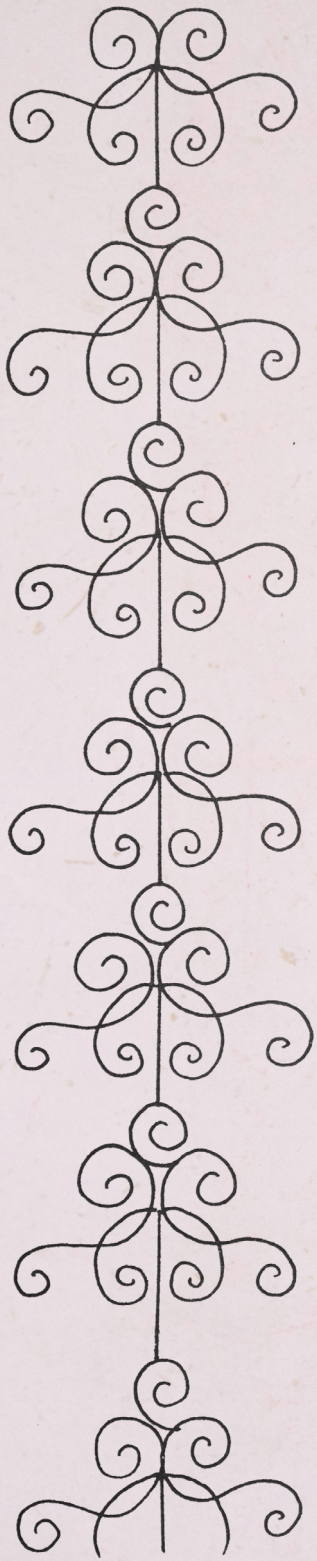


Spend a few moments to collect your thoughts.

The paper boat draws strong links to the Mayflower story and the spirit of humanity.

Despite the journey by boat being perilous, despite the fact that what lies ahead is unknown, it is hope that drives people forward, hope of a better place.

The paper boat in its nature is fragile, a paper boat set on water will soon become saturated and fall apart, yet hundreds of adults and children make terrifying journeys in inflatable boats across rough seas fleeing from war, injustice and persecution.

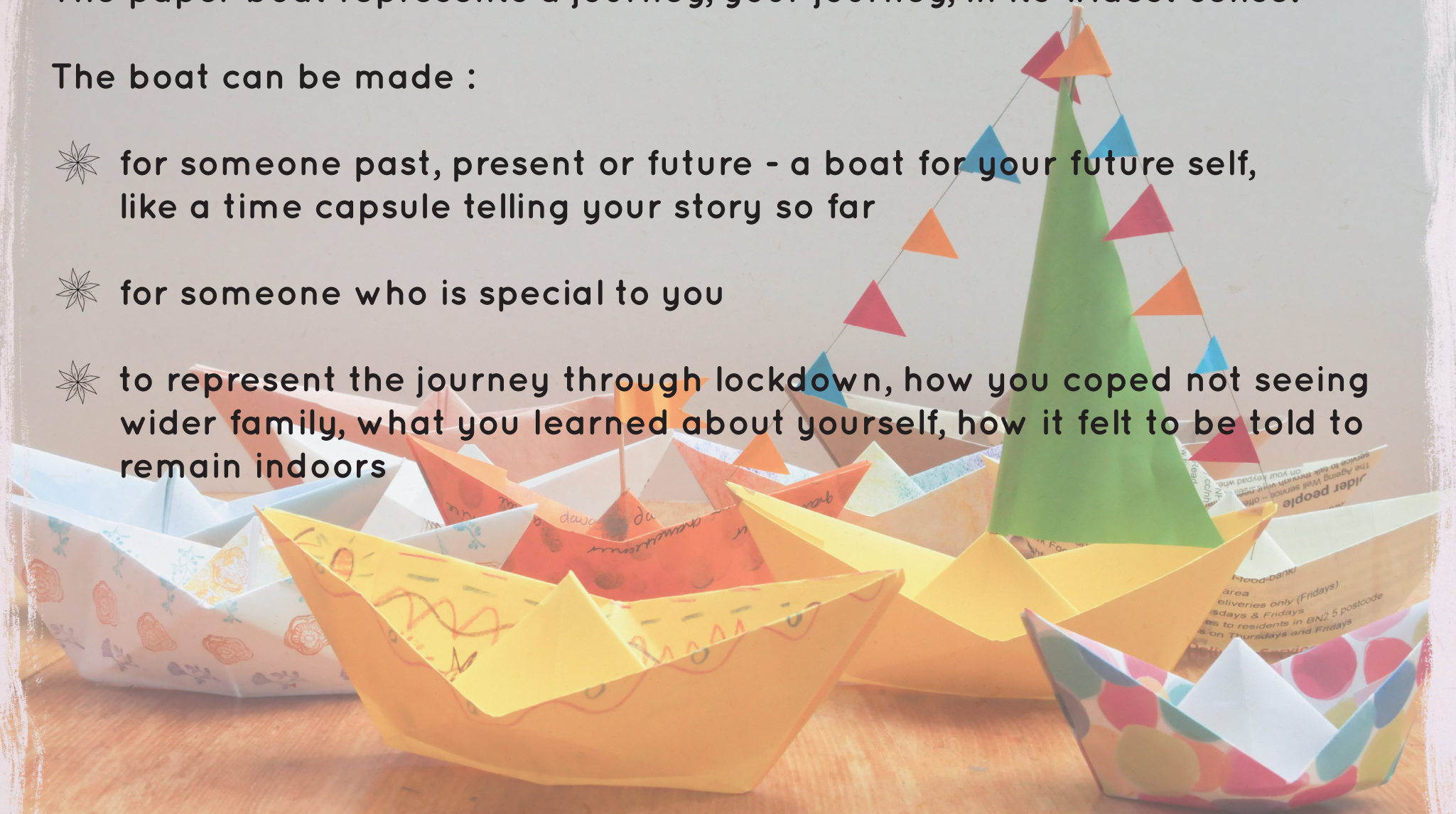


ROOTS
CULTURE
SEPARATED
Windrush Generation
Celebrate Difference
Memory Collective
FUTURE Colonialism
Story Individual
ANTI-RACISM
NHS
SILENCED
Home
Belong
Stories
Tolerance
Community
Diversity
Race
Freedom
Listen
Hope
Sanctuary
Covid-19
Included
Remember
Black Lives Matter
Acknowledged
Humanity
BELONGING
Other
Family
Pandemic
Migrant
Isolated
EQUAL
Unseen
PRESENT
PAST
Migrate
Refuge Inequality
HERITAGE
New Home
Welcome

The paper boat represents a journey, your journey, in its widest sense.

The boat can be made :

- ✿ for someone past, present or future - a boat for your future self, like a time capsule telling your story so far
- ✿ for someone who is special to you
- ✿ to represent the journey through lockdown, how you coped not seeing wider family, what you learned about yourself, how it felt to be told to remain indoors



- ✿ to share how you felt being a frontline worker
- ✿ to share how you felt not being at school
- ✿ to represent part of a life journey
- ✿ to represent the journey made across oceans to seek home or refuge in another land, perhaps by yourself or past family members



Have a look at the Storytelling and Singing packs that are also on the Art Asia website, this may give you other ideas.

Perhaps you could write your favourite recipe or even illustrate a special song on your paper boat.

How to make your paper boat

Before folding your paper you can decorate or write on it - stories, names, drawings or patterns.

You can use:



plain paper



coloured paper



colouring in



patterned paper



stamped paper



newspaper

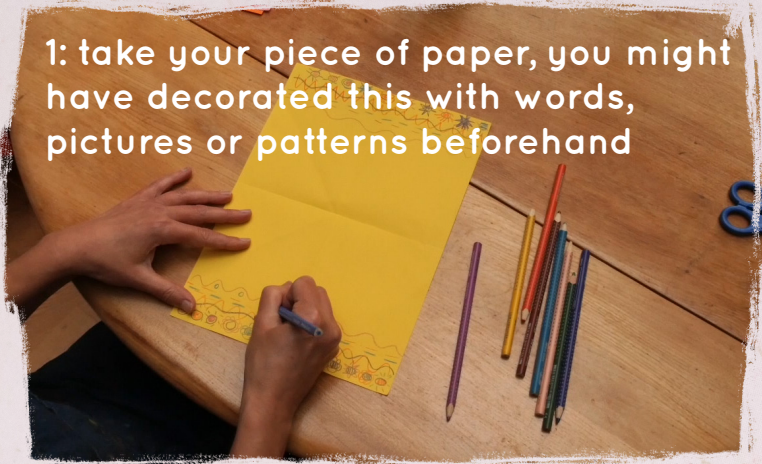
You can use any size of paper, a tiny boat from a post-it note or a large boat from a big sheet of newspaper. Most of you will probably find A4 the easiest paper to find.

The folding of the boat is focused and thoughts about yourself or the person or people the boat represents will be folded into the very fabric of the boat.

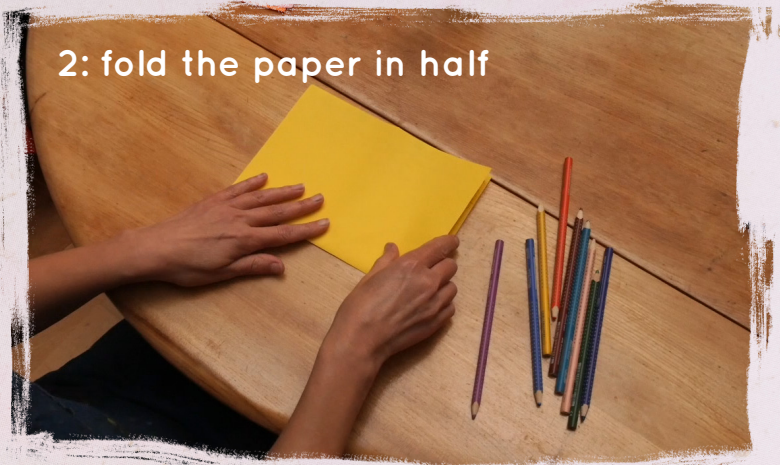


Folding
Instructions

1: take your piece of paper, you might have decorated this with words, pictures or patterns beforehand



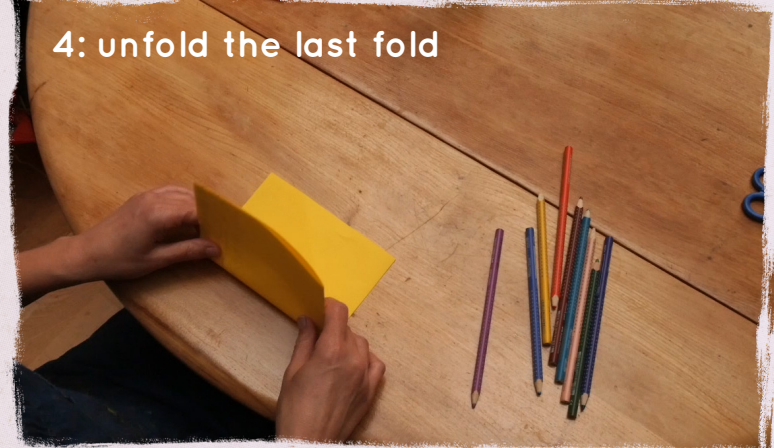
2: fold the paper in half



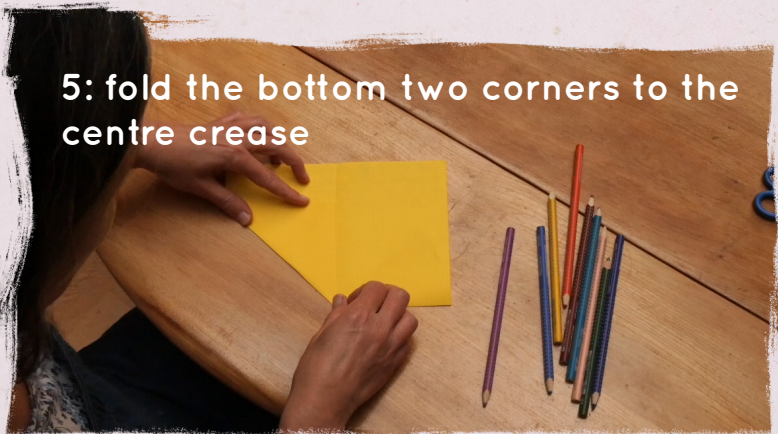
3: rotate and fold the paper in half again



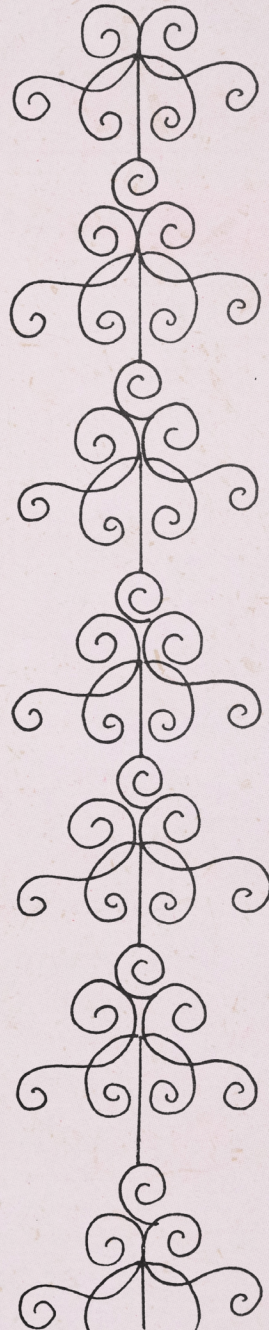
4: unfold the last fold



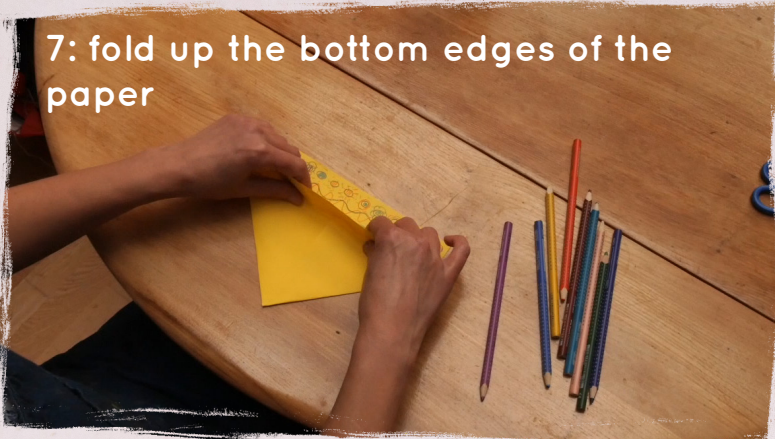
5: fold the bottom two corners to the centre crease



6: press down the creases firmly



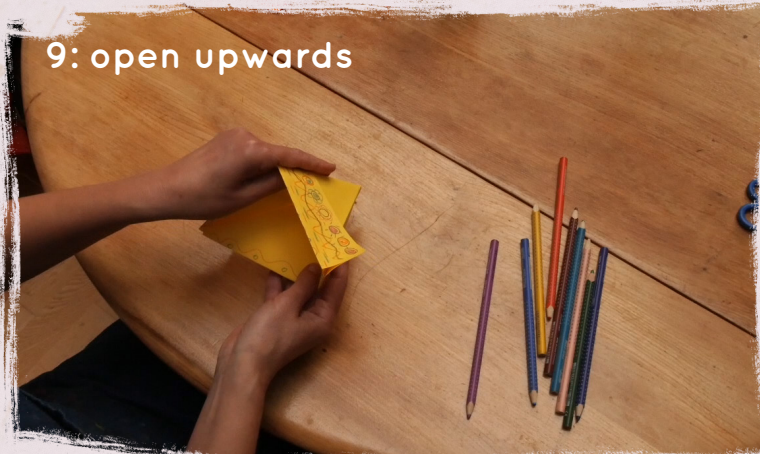
7: fold up the bottom edges of the paper



8: press down and crease firmly



9: open upwards



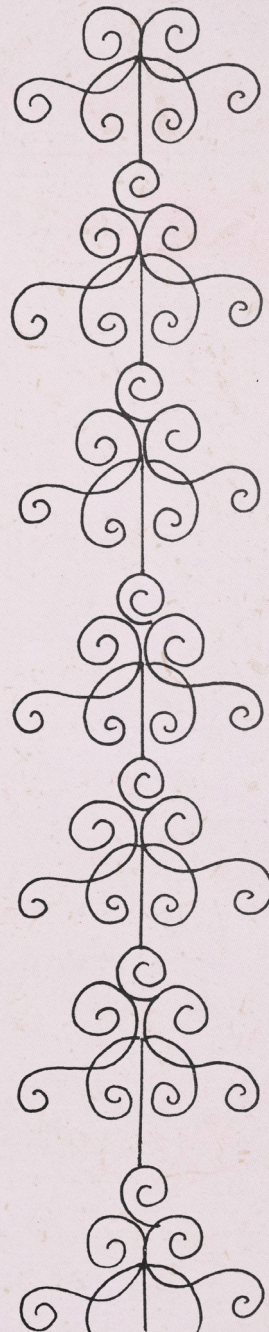
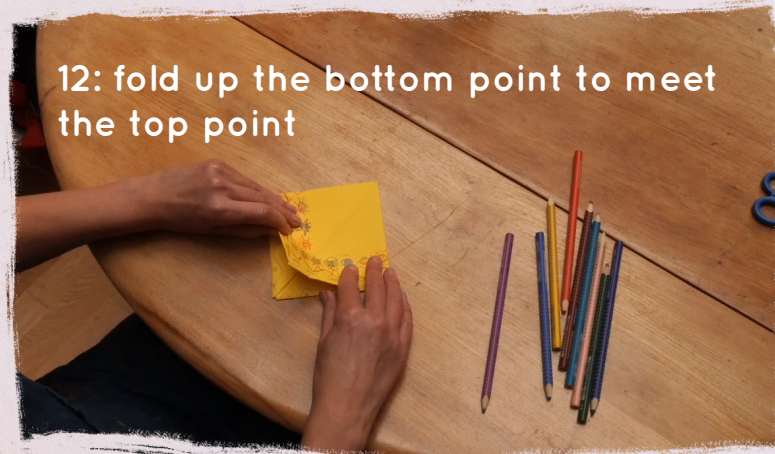
10: rotate

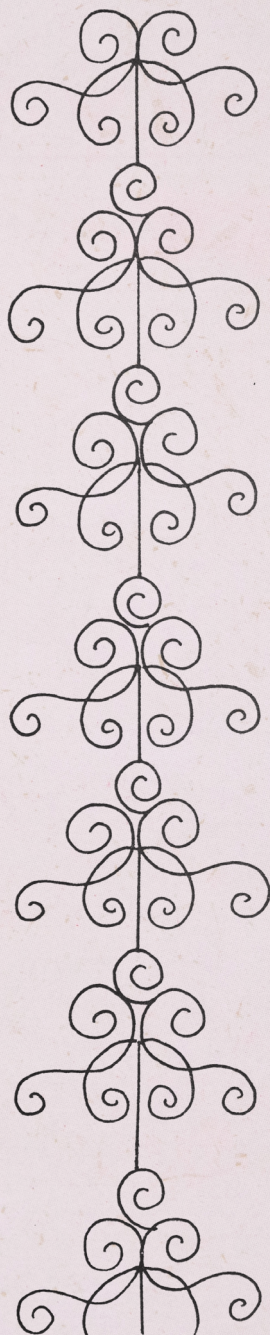
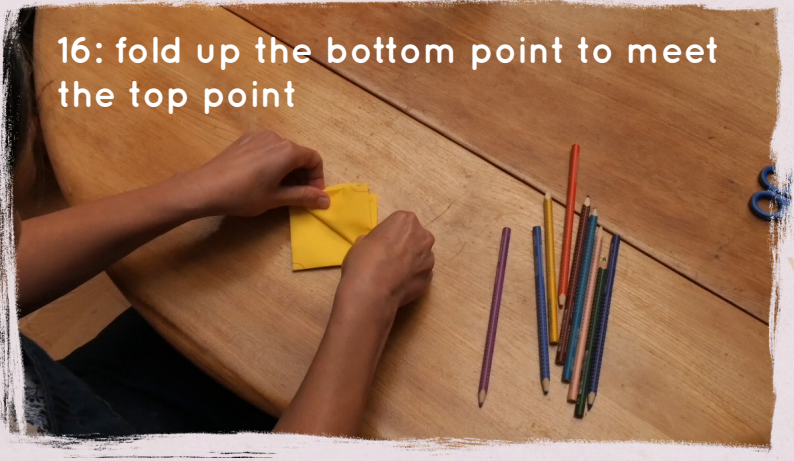
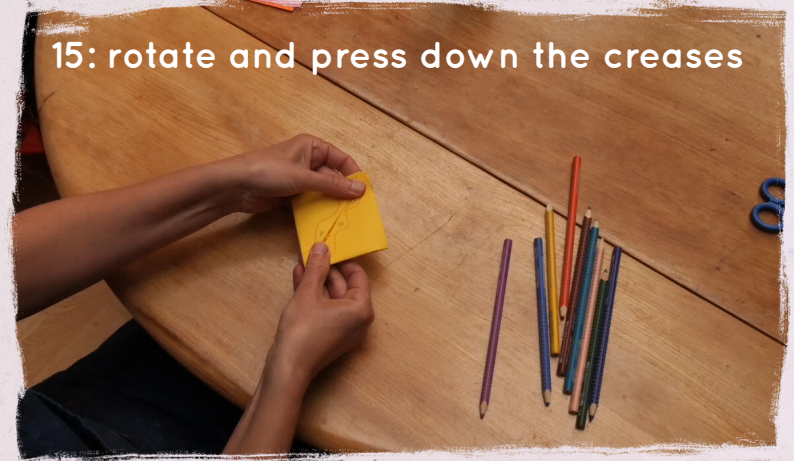
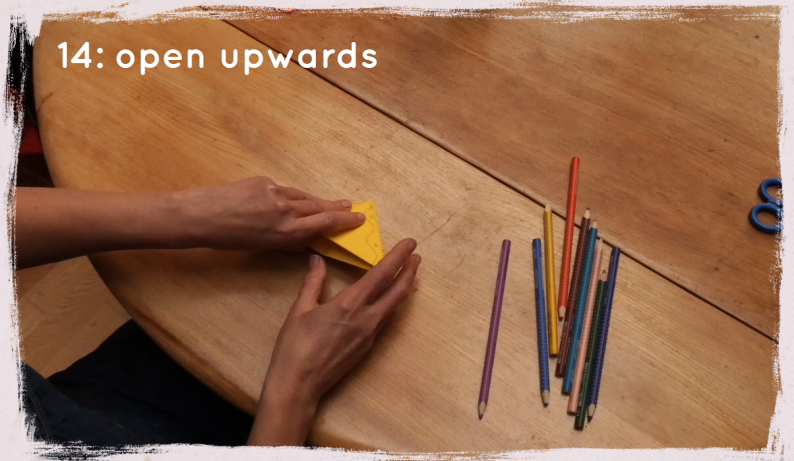
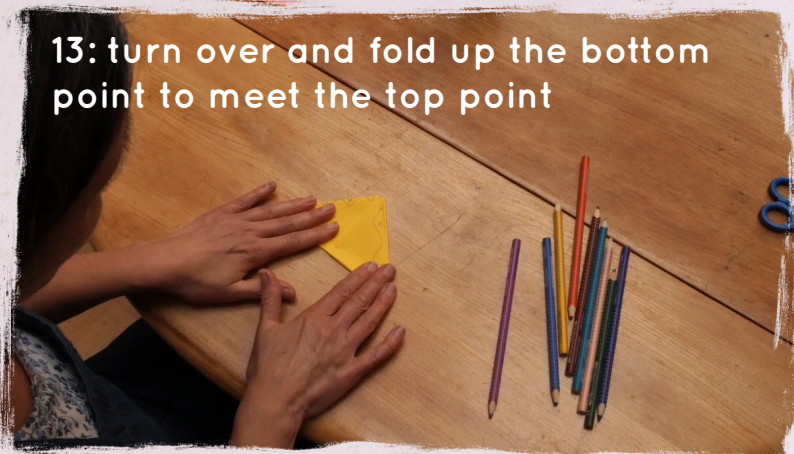
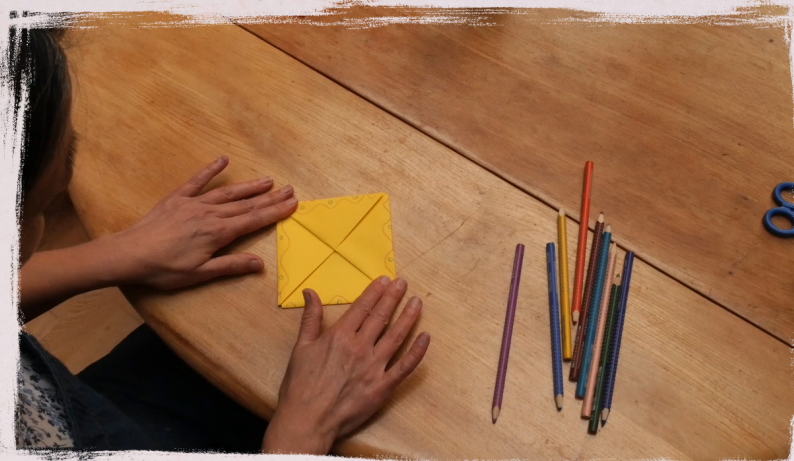


11: press down creases firmly

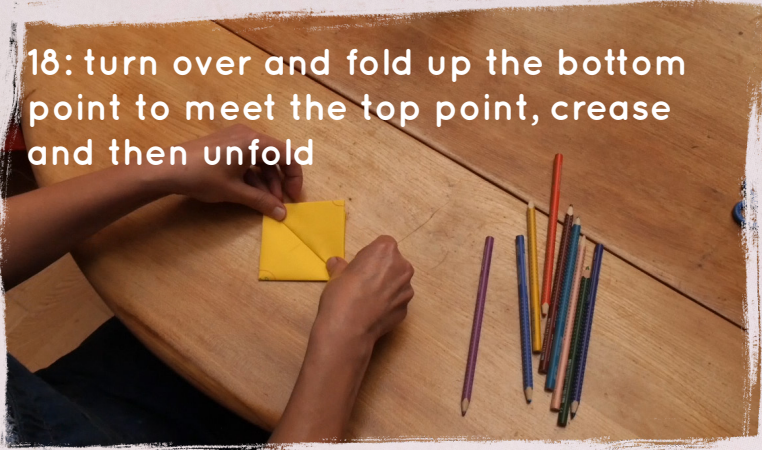


12: fold up the bottom point to meet the top point





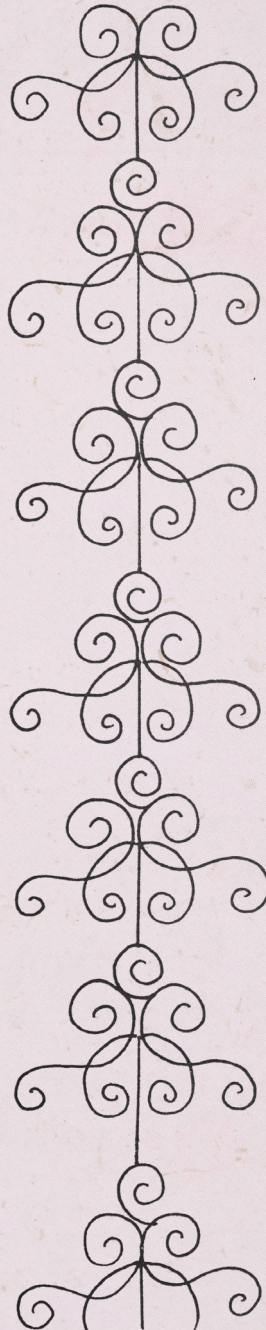
18: turn over and fold up the bottom point to meet the top point, crease and then unfold



19: hold sides of the boat and gently pull outwards and down



20: your paper boat will now be revealed! Press down the creases to shape your boat





You can add sails and flags to your boats if you would like to. These can also be decorated with crayons or pens beforehand.

To make a sail you will need:

- A stick for the mast - either a cocktail stick for a short mast or a kebab stick for a long mast
- Glue
- Coloured paper
- Scissors

To make flags you will need:

- Sewing thread
- Coloured paper
- Glue
- Scissors
- Tape

Have a look at the photographs above to get some ideas.





All the individual boats will come together in the installation so, although you will be making one boat, you will always know that your boat will be part of something bigger.

Different boats, sailing on the same sea.

“It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences,”

- Audre Lorde, American writer, feminist, and civil rights activist



Once you have made your boat, please write your name on it and post it to:

Art Asia
Suite 3
Fairways House
Mount Pleasant Road
Southampton SO14 0QB



If you would like to find out more about the installation please include your email address so we can get in touch with you.

If you are a school or community group we can pick up your paper boats.
Email us to arrange collection:

education@artasia.org.uk

You can find more workshop packs to explore the theme of belonging through poetry and music - please have a look at them on the Art Asia website and have a go at composing a song or writing a poem.

We look forward to receiving all your creative output, which will be displayed in an exhibition in Southampton. More details about this will be shared soon.

In the meantime, happy making!

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